



Key Stage 1 Drug Education

What I have learnt already

Medicines can help people feel better when they are unwell.

Medicines must only be taken by a trusted adult – parent, carer or doctor.

Not all tablets, liquids or substances are safe.

PSHE – Personal, Social, Health and Economic Education

Core Theme: Health and Wellbeing

Year: 2

Term: Autumn 1

Key Learning

HPP6 – Medicines can help people to stay healthy or feel better if they are unwell.

DATV1 – Some thing that go into our bodies can be harmful and how we might know if something is harmful.

DATV1 – Recognise risk in relation to medicines, cleaning fluids and other potentially harmful products at home.

BSS, RKR11 – Identify what is meant by a trusted adult and how to ask for help.

RKR11, BS4, BS5 – Distinguish between trusted adults who are familiar to them, recognise in the community and adults they don't know.



We need to learn how to keep ourselves safe and how medicine can help to make us better when we are ill.

Key Knowledge

Medicines

Prevent illness (Vaccinations)
Ease pain (Paracetamol)
Help fight illness (Antibiotics)
Help the body work properly (Insulin)



STAY SAFE!

Never taste or touch unknown substances

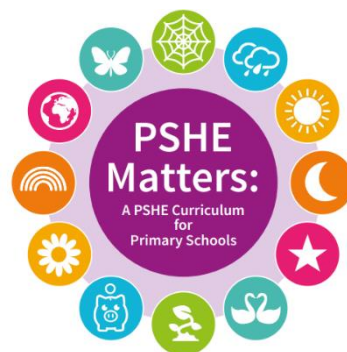


Household products can be extremely harmful if not used properly.



Key Vocabulary

medicine	harmful	risk
safe	drugs	symptoms
vaccinations	paracetamol	illness
antibiotics	insulin	help
community	stranger	warning label



Our PSHE Ground Rules...

- We listen to each other.
- We show respect.
- We support each other.
- We ask questions if we want to.
- We know we can talk to any adult in school if we want to talk or need help.