



Lower Key Stage 2 Drug Education

What I have learnt already

HPP6 - That medicines can help people to stay healthy or feel better if they are unwell.

DATV1 - That some things that go into or onto bodies can be harmful and how we might know if something is harmful.

DATV1 - To recognise risk in relation to medicines, cleaning fluids and other potentially harmful products that might be in the home; what to do and who to tell if they think they are at risk.

BS5 RKR11 - What is meant by a 'trusted adult' and how to ask for help from a trusted adult.

RKR11 BS4 BS5 - To distinguish between trusted adults who are familiar to them, adults they recognise in the community and adults they don't know.

Key Vocabulary

medicine	legal drugs	safe/unsafe
harmful	responsibly	consequence
rules	dangers	risk

PSCHE - Personal, Social, Citizenship, Health and Economic Education

Core Theme: Health and Wellbeing

Year: 4

Term: Autumn 1

Key Learning

What ways are there to manage common health issues? HPP6

What are some legal drug products and what are the risks? DATV1

Which products are safe and which are harmful? DATV1

What is the importance of rules and the possible risks if not followed? DATV1 HPP6

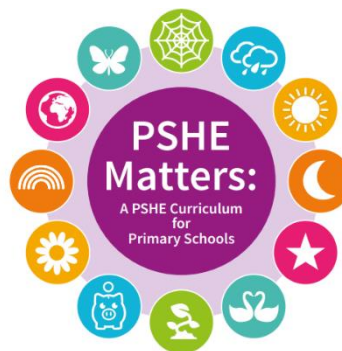
What is a consequence? DATV1

What is a high, medium or low risk? PS1

How can we manage risk and who can support us? BS5 BS6 BS7 RKR11



We need to know how to keep ourselves safe and how to make sensible choices.



Key Knowledge

Most drugs are used to help someone get better if they're ill, and we call them **medicines**.

Medicines and drugs can be **harmful**. You should always check with a **doctor** or an adult you trust before taking them.

Consequences are the result of something/an action. Misusing drugs/medicines can have negative consequences.

If I am unsure or worried, I can get help from an adult I trust at home or in school, Childline, The Worry Box, The Worry Monster, Wellbeing Wednesday etc.

Our PSCHE Ground Rules...

- We listen to each other.
- We show respect.
- We support each other.
- We ask questions if we want to.
- We know we can talk to any adult in school if we want to talk or need help.