



PSCHE - Personal, Social, Citizenship, Health and Economic Education

Core Theme: Relationships

Year: 5

Term: Summer 2

Upper Key Stage 2 Bullying Matters

What I have learnt already

- R7 - Understand that their actions affect themselves and others.
- R12 - Develop strategies for getting support for themselves or for others at risk.
- R18 - Identify strategies to recognise teasing/ bullying /abuse in all its forms if they experience or witness it, whom to go to and how to get help.

Key Learning	
R7 - Understand how my actions can affect myself and others and the consequences my behaviour can have.	
R12 - Continue to develop strategies for getting support for myself or for others at risk.	
R13 - Identify that differences and similarities arise from a number of factors.	
R14 - Understand the nature and consequences of discrimination, teasing, bullying and aggressive behaviour (including cyberbullying, prejudice based language, 'trolling' how to respond and continue to develop strategies for getting support and ask for help).	
R18 - Identify strategies to recognise bullying and abuse in all its forms (including prejudice -based bullying both in person, online and through social media) if they experience or witness it, whom to go to and how to get help .	

Key Knowledge
Discrimination - Unfair treatment of people based on characteristics such as race, gender, age or sexual orientation.
Teasing - intending to make fun of someone.
Bullying - The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power.
Cyberbullying (also known as Online Bullying) - any form of bullying that is carried out through the use of electronic media devices e.g. phones, computers, gaming consoles, tablets etc.
Trolling - deliberately starting arguments or posting unkind/aggressive messages online with the aim to provoke someone else.



We need to know how to recognise bullying in all its form, the consequences of bullying and how to get help so that we have the power to stand up against bullying.

Key Vocabulary		
bullying	behaviour	consequences
discrimination	teasing	cyberbullying
prejudice	direct	indirect
banter	homophobic	violence



- ### Our PSCHE Ground Rules...
- We listen to each other.
 - We show respect.
 - We support each other.
 - We ask questions if we want to.
 - We know we can talk to any adult in school if we want to talk or need help.