



PSCHE - Personal, Social, Citizenship, Health and Economic Education

Core Theme: Health and Wellbeing

Year: 2

Term: Autumn 1

Key Stage 1 Drug Education

What I have learnt already

Develop a sense of responsibility.

Identify risks to keep ourselves and others safe.

Understand that rules help to keep ourselves and others safe.

Key Learning

H1 - Explore the importance of physical, mental and emotional health.

H2 - Explore how to make informed choices.

H11 - Understand the role of drugs as medicines.

H11 - Identify alternatives to taking medicines.

H11 - Understand that household products, including medicines, can be harmful if not used properly.

H12 - Identify rules for and ways of keeping safe.

H15 - Recognise I have a shared responsibility for keeping myself and others safe. Recognise when to say yes, no, I'll ask and I'll tell.

Key Knowledge

Medicines

Prevent illness (Vaccinations)
Ease pain (Paracetamol)
Help fight illness (Antibiotics)
Help the body work properly (Insulin)



STAY SAFE!



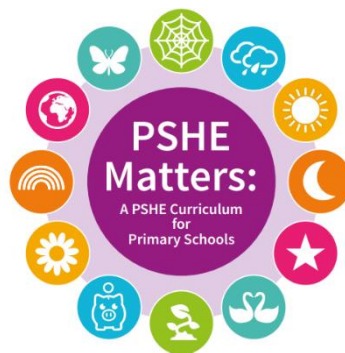
Household products can be extremely harmful if not used properly.



We need to learn how to keep ourselves safe and how medicine can help to make us better when we are ill.

Key Vocabulary

Physical health	Mental health	Unwell
Medicine	Drugs	Symptoms
Vaccinations	Paracetamol	Illness
Antibiotics	Insulin	Asthma
Inhaler		



Our PSCHE Ground Rules...

- We listen to each other.
- We show respect.
- We support each other.
- We ask questions if we want to.
- We know we can talk to any adult in school if we want to talk or need help.