



**Lower Key Stage 2
Being Safe**

PSCHE - Personal, Social, Citizenship, Health and Economic Education

Core Theme: Health and Wellbeing

Year: 4

Term: Summer 2

Key Learning

H10 - Explore how to recognise, predict and assess risks in different situations.	
H11 - Understand that increased independence brings increased responsibility to keep themselves safe.	
H15 - Understand why rules are important and how rules can keep them safe.	
H15 - Identify where and how to get help, to keep trying until they are heard the vocabulary and confidence to do so.	
H21 - Develop strategies for keeping physically and emotionally safe in different situations.	
H21 - Know how to respond safely and appropriately to adults they may encounter whom they do not know.	
H22 - Understand how to keep safe online, the importance of protecting personal information, including passwords, addresses and the distribution of images of themselves and others.	
H23, H24, H25 - Understand how to become digitally responsible and stay safe online. Begin to understand how to recognise risks and how to report them. Understand the importance of showing respect online, even when we are anonymous	

What I have learnt already

H11 - Identify household products are hazards if not used properly.
 H12 - Explore rules for and ways of keeping physically and emotionally safe including online.
 H13 - Know who to go to if they are worried and to keep trying until they are heard.
 H16 - Explore what is 'privacy'; their right to keep things private and the importance of respecting others' privacy.

Key Knowledge

It is our responsibility to keep ourselves safe around...

- Roads
- Railway lines
- Water
- Building sites

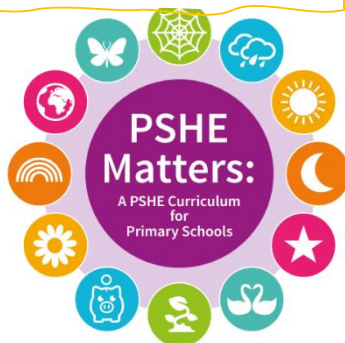


Be SMART online...



We need to know how to keep ourselves physically and emotionally safe and how to get help if we need it.

Key Vocabulary		
Safe	Choices	Risk
Independence	Responsibility	Help
Hazards	Consent	Consequences
NSPCC PANTS	Online Safety	SMART



Our PSCHE Ground Rules...

- We listen to each other.
- We show respect.
- We support each other.
- We ask questions if we want to.
- We know we can talk to any adult in school if we want to talk or need help.